

# Financial Wellness

Webinar

## Rules of Engagement:-

- Turn off your camera for the duration of the webinar and only turn it on when directed to ask your question.
- Keep your microphone on mute during webinar and only unmute when directed to ask your question.
- Make use of the “Raising your hand” feature on MS Teams to ask a question. You will be directed to unmute and ask the question.
- Questions can be posted in the Conversation/Chat box on MS Teams at anytime.



*The session will start 2 min past the hour  
to allow participants to logon to MS Teams*



## *LIFE QUOTE*

*“The secret of getting ahead is getting started.”*

*Mark Twain*



# Our Wealth Work Out

## Stanbic Financial Fitness Academy

- *Create & Build*
- *Live & Enjoy*
- *Save & Invest*
- *Share & Legacy*
- *Plan & Protect*



## Liberty Retirement Planning Masterclass

- *Where am I?*
- *Life Stage status.*
- *What is retirement?*
- *Reasons for planning for retirement.*
- *The retirement projection tool.*
- *How can I boost my retirement income?*



**LIBERTY**

# Stanbic - Financial Fitness Academy



## Schalk Viljoen

Schalk is head of the Group's Financial Fitness Academy™. He has been actively involved in anchoring the roll out the program across the bank's African footprint. He has a background in business consulting and is a chartered accountant.



## King'ori Gathinji

King'ori is the Head of Investments and the Financial Fitness Academy™ at Stanbic Bank Kenya. He is actively involving with investment solution generation for the bank's clients as an area of expertise.



## Aliya Khanbhai

Aliya is the Head of Wealth & Investment at Stanbic Bank Kenya. With a background in corporate banking she brings a wealth of experience drawn from working on transactions to the program.



## Thomas Ndiritu

Thomas has been actively involved in the Stanbic Financial Fitness Academy. Based within our sales relationship team he is a primary point of contact for follow up queries.

# Quotes by Warren Buffett

**On Earnings:** *“Never depend on a single income. Make investment to create a second source”.*

**On Spending:** *“If you buy things you do not need, soon you will have to sell things you need”.*

**On Saving:** *“Do not save what is left after spending, but spend what is left after saving”.*

**On Investment:** *“Do not put all eggs in one basket”.*

**On Expectations:** *“Honesty is very expensive gift. Do not expect it from cheap people.”*



# Q&A

# Liberty - Retirement Planning Masterclass



## Anna Manyara

Anna is the General Manager - Sales and Distribution, Corporate & Retail Business at Liberty Life. She has over 16 years' experience in the insurance and financial services industry.



## Eric Obila

Eric is the Business Development Manager for Group business at Liberty Life. A passionate insurance and retirement benefits professional with over 14 years' experience in the sector.



## QUOTE

*“The question is not at what age you want to retire, it’s at what income.”*

*George Foreman*

# Q&A



**THANK YOU**